

PURPOSE CITY CHURCH

21 DAYS OF PRAYER + FASTING

PARTICIPANT GUIDE

AUGUST 2-22, 2026

Seek God daily. Pray boldly. Fast with purpose.

**PURPOSE
CITY
CHURCH**



WELCOME TO 21 DAYS

AUGUST 2-22, 2026

Purpose City Family,

Every January and August, we set aside 21 days to seek God intentionally through prayer and fasting. These days are not about proving how spiritual we are or earning something from God. They are about making room—quieting distractions, strengthening our dependence on Him, and giving the Holy Spirit permission to search and shape us. As Jeremiah 29:13 reminds us, “If you look for me wholeheartedly, you will find me.”

Whether prayer and fasting are familiar to you or this is your first time, you belong in this journey. Come honestly. Begin at a level that is wise for your health, and trust God to meet you as you seek Him. Use this guide to follow the daily Scripture and prayer focus, prepare for our in-person gatherings, write down what God is saying, and practice obedience beyond the prayer room.

We are believing for revival in our hearts, salvation in our families, unity in our church, healing in bodies and minds, wisdom for decisions, freedom from bondage, and fresh courage to live on purpose. But above every request, we want God Himself. Our prayer is that these 21 days deepen your love for Jesus and establish rhythms that continue long after August 22.

Let us seek Him together with expectation. God is faithful to meet a people who draw near.

With love and expectation,

Apostle Talaat McNeely & Prophetess Tai McNeely

Lead Pastors, Purpose City Church

HOW TO USE THIS GUIDE

Each day follows the same simple rhythm. You may complete it before the gathering, after the gathering, or during a separate quiet time. Consistency matters more than perfection.

READ

Read the full assigned Scripture slowly in the NLT. Ask what it reveals about God and what it calls you to believe or do.

REFLECT

Consider the day's focus and where it intersects with your life, your church, and the people around you.

PRAY

Use the prompts as a starting point. Pray in your own words, name people and situations, and leave room to listen.

ACT

Take one concrete step that puts your prayer into practice.

JOURNAL

Write what stands out: a conviction, promise, name, question, answered prayer, or next step.

WHAT TO EXPECT IN PERSON

Morning gatherings Monday through Thursday are one hour from 6:00-7:00 AM. Friday gatherings are one-hour evening services from 7:00-8:00 PM. Saturday gatherings are one hour from 9:00-10:00 AM. Sunday prayer is incorporated into the Sunday worship service. Gatherings normally include worship, a brief devotional direction, individual prayer, and corporate prayer. All gatherings are in person only.

PRAYER GATHERING SCHEDULE

All scheduled weekday and Saturday prayer gatherings are one hour. Sunday prayer is incorporated into the Sunday service.

DAY	GATHERING TIME
Sunday	Prayer incorporated into Sunday service
Monday-Thursday	6:00-7:00 AM
Friday	7:00-8:00 PM
Saturday	9:00-10:00 AM

LOCATION

Purpose City Church
2850 Ginger Woods Pkwy, Aurora, IL 60502
In-person gatherings only.

FRIDAYS ARE DIFFERENT

Friday services take place at night from 7:00-8:00 PM. The Friday prayer directives are Draw Near, Give Me Understanding, and Who Do You Say I Am?

PRAYER + FASTING

Prayer is our honest response to God: worshiping Him, listening for His direction, confessing sin, giving thanks, and bringing needs before Him. Fasting is the voluntary surrender of food or another legitimate comfort for a set period so we can give greater attention to God.

Fasting does not manipulate God, purchase an answer, or make us more deserving of His love. It exposes what controls us, trains our appetites, and reminds us that we depend on God more than we depend on what we consume. Its value comes from the prayer, surrender, and obedience that fill the space we create.

Food-based fasting is the clearest biblical pattern and, when medically wise, can be a meaningful way to humble ourselves before God. Reducing social media, entertainment, or other distractions can also support your fast by protecting time and attention. Whatever you choose, do not merely remove something. Replace it with prayer, Scripture, worship, listening, and practical obedience.

A SIMPLE QUESTION

What will I remove, and what spiritual practice will take its place?

CHOOSING YOUR FAST

Choose an approach that is spiritually meaningful, medically wise, and sustainable. You may keep one approach for all 21 days or adjust it as the weeks progress.

COMPLETE FAST

Abstain from food for a defined period while drinking water. This approach is not appropriate for everyone.

SELECTIVE FAST

Remove specific foods or categories, such as sweets, meat, processed foods, or caffeine.

PARTIAL-DAY FAST

Abstain from food during specific hours, then eat a reasonable meal after the set time.

DANIEL-STYLE FAST

Eat simple plant-based foods while avoiding meat, sweets, rich foods, and other selected items.

ONE MEAL PER DAY

Skip one or more meals and eat one balanced meal during a chosen window.

SUPPORTING DISTRACTION FAST

Reduce social media, streaming, gaming, or another distraction alongside your food-related fast, or as your primary practice when food fasting is not medically appropriate.

FAST WITH WISDOM

Fasting should be practiced with faith and wisdom. Your health is not an obstacle to spiritual devotion, and you should not place yourself or someone in your care at risk to participate.

- Do not stop or change prescribed medication without guidance from a qualified medical professional.
- If you are pregnant or nursing, have diabetes or another medical condition, take medication with food, or have a history of disordered eating, consult a medical professional and choose a safe alternative.
- Children and teenagers should fast only with parent or guardian guidance and in an age-appropriate way.
- Stay attentive to your body. A selective fast, partial-day fast, or distraction fast can still become a sincere act of prayer and surrender.
- When you eat, choose reasonable portions. Fasting is not a reason to binge before or after the fasting period.

REMEMBER

God is not grading the difficulty of your fast. Seek Him sincerely, follow wise counsel, and keep prayer at the center.

PREPARE YOUR HEART

Take a few minutes before Day 1 to name your intentions. These are not promises you must perform perfectly. They are a starting place for honest prayer.

WHAT AM I FASTING?

WHAT WILL I DO WITH THE TIME AND ATTENTION THIS FAST CREATES?

WHAT AM I BELIEVING GOD FOR?

WHO AM I PRAYING FOR BY NAME?

WHERE DO I NEED WISDOM OR DIRECTION?

WHAT DO I WANT GOD TO CHANGE IN ME?

21 DAYS OF PRAYER + FASTING

WEEK ONE

DAYS 1-7

DAY 1 | AUGUST 2 (SUNDAY)

Holy Spirit, Have Your Way

THE MOVE OF THE HOLY SPIRIT

Prayer incorporated into Sunday service

READ

Acts 2:1-2 (NLT)

On the day of Pentecost all the believers were meeting together in one place. Suddenly, there was a sound from heaven like the roaring of a mighty windstorm, and it filled the house where they were sitting.

REFLECT

Today we center our attention on the move of the holy spirit. The directive, “Holy Spirit, Have Your Way,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Invite the Holy Spirit to move freely in this season. Ask the Holy Spirit to fill you afresh, and pray for a fresh outpouring across Purpose City Church. Pray for signs, wonders, and a renewed hunger for the things of the Spirit in every age group across our church. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 1 | Holy Spirit, Have Your Way

PRAY

- Invite the Holy Spirit to move freely in this season.
- Ask the Holy Spirit to fill you afresh, and pray for a fresh outpouring across Purpose City Church.
- Pray for signs, wonders, and a renewed hunger for the things of the Spirit in every age group across our church.
- Invite God to show you how to respond personally to today's focus: the move of the holy spirit.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Begin these 21 days with open hands. Write one area where you need to release control and invite the Holy Spirit to lead.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 2 | AUGUST 3 (MONDAY)

Revive Us Again

PERSONAL AND CORPORATE REVIVAL

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Psalms 85:6 (NLT)

Won't you revive us again, so your people can rejoice in you?

REFLECT

Today we center our attention on personal and corporate revival. The directive, "Revive Us Again," is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for a fresh awakening of spiritual hunger in the congregation. Ask God to reignite a deep desire for His Word, His presence, and His people. Intercede specifically for those who have grown cold, comfortable, or spiritually dry. Ask God to awaken fresh spiritual hunger in you and throughout Purpose City Church. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 2 | Revive Us Again

PRAY

- Pray for a fresh awakening of spiritual hunger in the congregation.
- Ask God to reignite a deep desire for His Word, His presence, and His people.
- Intercede specifically for those who have grown cold, comfortable, or spiritually dry.
- Invite God to show you how to respond personally to today's focus: personal and corporate revival.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Name one place where your spiritual life has grown dry. Choose one habit that will help you seek God there again.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 3 | AUGUST 4 (TUESDAY)

The Harvest Is Ready

SALVATION AND EVANGELISM

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Matthew 9:37-38 (NLT)

The harvest is great, but the workers are few. So pray to the Lord who is in charge of the harvest; ask him to send more workers into his fields.

REFLECT

Today we center our attention on salvation and evangelism. The directive, “The Harvest Is Ready,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for the unsaved by name. Intercede for those who are far from God in our families, friendships, workplaces, and neighborhoods. Ask God to use Purpose City Church as a house that draws the lost and sets the captives free. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 3 | The Harvest Is Ready

PRAY

- Pray for the unsaved by name.
- Intercede for those who are far from God in our families, friendships, workplaces, and neighborhoods.
- Ask God to use Purpose City Church as a house that draws the lost and sets the captives free.
- Invite God to show you how to respond personally to today's focus: salvation and evangelism.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Write the names of three people who need Jesus. Pray for them daily and look for one natural opportunity to show or share the gospel.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 4 | AUGUST 5 (WEDNESDAY)

One Body, One Spirit

UNITY WITHIN THE CHURCH

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Psalms 133:1 (NLT)

How wonderful and pleasant it is when brothers live together in harmony!

REFLECT

Today we center our attention on unity within the church. The directive, “One Body, One Spirit,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for unity, love, and strength within the body of Purpose City Church. Ask God to remove any root of bitterness, division, or offense, and to knit this congregation together in authentic, Christ-centered community. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 4 | One Body, One Spirit

PRAY

- Pray for unity, love, and strength within the body of Purpose City Church.
- Ask God to remove any root of bitterness, division, or offense, and to knit this congregation together in authentic, Christ-centered community.
- Ask God to work in every person and situation connected to unity within the church.
- Invite God to show you how to respond personally to today's focus: unity within the church.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Ask God whether you are carrying offense toward anyone. Take one step toward forgiveness, peace, or an honest conversation.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 5 | AUGUST 6 (THURSDAY)

Cover the Shepherds

PASTORS AND MINISTRY LEADERS

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Hebrews 13:17 (NLT)

Obey your spiritual leaders, and do what they say. Their work is to watch over your souls, and they are accountable to God. Give them reason to do this with joy and not with sorrow.

REFLECT

Today we center our attention on pastors and ministry leaders. The directive, “Cover the Shepherds,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray specifically for Apostle Talaat and Prophetess Tai, and for every ministry leader, small group leader, and servant in the house. Ask God to protect their marriages, guard their minds, sustain their health, and renew their strength. Pray against burnout, discouragement, and every spiritual attack assigned against the leadership of this church. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 5 | Cover the Shepherds

PRAY

- Pray specifically for Apostle Talaat and Prophetess Tai, and for every ministry leader, small group leader, and servant in the house.
- Ask God to protect their marriages, guard their minds, sustain their health, and renew their strength.
- Pray against burnout, discouragement, and every spiritual attack assigned against the leadership of this church.
- Invite God to show you how to respond personally to today's focus: pastors and ministry leaders.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Send a brief note of encouragement to a pastor, ministry leader, small-group leader, or faithful servant.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 6 | AUGUST 7 (FRIDAY)

Draw Near

INTIMACY WITH GOD

7:00-8:00 PM | One-Hour Evening Prayer Service

READ

James 4:8 (NLT)

Come close to God, and God will come close to you.

REFLECT

Today we center our attention on intimacy with God. The directive, “Draw Near,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Seek God Himself, not only His blessings, breakthrough, or provision. Pray for a deeper hunger for His presence and a heart that chooses closeness with Him above every distraction. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 6 | Draw Near

PRAY

- Seek God Himself, not only His blessings, breakthrough, or provision.
- Pray for a deeper hunger for His presence and a heart that chooses closeness with Him above every distraction.
- Ask God to work in every person and situation connected to intimacy with god.
- Invite God to show you how to respond personally to today's focus: intimacy with god.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Set aside ten quiet minutes today with no request list. Sit with God, listen, and tell Him that you want Him more than what He can give.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 7 | AUGUST 8 (SATURDAY)

Dressed for Battle

SPIRITUAL WARFARE

9:00-10:00 AM | One-Hour Morning Prayer Service

READ

Ephesians 6:12 (NLT)

For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this world of darkness, and against evil spirits in the heavenly places.

REFLECT

Today we center our attention on spiritual warfare. The directive, “Dressed for Battle,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray with authority against the spiritual forces that resist the advancement of God's Kingdom. Intercede for the protection of the congregation, the pastor, and the mission of this house. Declare the blood of Jesus over every assignment of the enemy that has been sent against Purpose City Church and its families. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 7 | Dressed for Battle

PRAY

- Pray with authority against the spiritual forces that resist the advancement of God's Kingdom.
- Intercede for the protection of the congregation, the pastor, and the mission of this house.
- Declare the blood of Jesus over every assignment of the enemy that has been sent against Purpose City Church and its families.
- Invite God to show you how to respond personally to today's focus: spiritual warfare.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Identify one recurring spiritual pressure. Write a Scripture-based declaration that you will pray when that pressure returns.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

21 DAYS OF PRAYER + FASTING

WEEK TWO

DAYS 8-14

DAY 8 | AUGUST 9 (SUNDAY)

Multiplied and Sent

THE VISION OF THE HOUSE

Prayer incorporated into Sunday service

READ

John 15:8 (NLT)

When you produce much fruit, you are my true disciples. This brings great glory to my Father.

REFLECT

Today we center our attention on the vision of the house. The directive, “Multiplied and Sent,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for the vision of Purpose City Church. Ask God to multiply this house in every dimension: souls saved, families restored, small groups launched, leaders developed, and generosity released. Declare that what God began here will not plateau but multiply. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 8 | Multiplied and Sent

PRAY

- Pray for the vision of Purpose City Church.
- Ask God to multiply this house in every dimension: souls saved, families restored, small groups launched, leaders developed, and generosity released.
- Declare that what God began here will not plateau but multiply.
- Invite God to show you how to respond personally to today's focus: the vision of the house.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Write one way you can help Purpose City multiply through serving, inviting, leading, giving, or joining a Purpose Group.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 9 | AUGUST 10 (MONDAY)

Break Every Chain

DELIVERANCE AND FREEDOM

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Isaiah 61:1 (NLT)

The Spirit of the Sovereign LORD is upon me, for the LORD has anointed me to bring good news to the poor. He has sent me to comfort the brokenhearted and to proclaim that captives will be released and prisoners will be freed.

REFLECT

Today we center our attention on deliverance and freedom. The directive, “Break Every Chain,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for freedom from addiction, bondage, generational cycles, and spiritual oppression. Intercede for those held captive by shame, fear, substance dependency, or the sins of previous generations. Declare that the same Spirit who raised Christ from the dead is present to bring freedom today. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 9 | Break Every Chain

PRAY

- Pray for freedom from addiction, bondage, generational cycles, and spiritual oppression.
- Intercede for those held captive by shame, fear, substance dependency, or the sins of previous generations.
- Declare that the same Spirit who raised Christ from the dead is present to bring freedom today.
- Invite God to show you how to respond personally to today's focus: deliverance and freedom.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Name one chain, pattern, or fear that must end. Share it with a trusted mature believer and ask for prayer when appropriate.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 10 | AUGUST 11 (TUESDAY)

Sacred Covenant

MARRIAGE

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Ecclesiastes 4:12 (NLT)

A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

REFLECT

Today we center our attention on marriage. The directive, “Sacred Covenant,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for every marriage in the congregation. Ask God to strengthen covenant, restore intimacy, heal wounds, and protect couples from the enemy's attacks. Intercede especially for marriages that are under pressure, in crisis, or on the verge of collapse. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 10 | Sacred Covenant

PRAY

- Pray for every marriage in the congregation.
- Ask God to strengthen covenant, restore intimacy, heal wounds, and protect couples from the enemy's attacks.
- Intercede especially for marriages that are under pressure, in crisis, or on the verge of collapse.
- Invite God to show you how to respond personally to today's focus: marriage.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

If you are married, ask your spouse how you can pray for them today. If you are single, pray by name for a marriage that needs strength.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 11 | AUGUST 12 (WEDNESDAY)

Raise Them Up

CHILDREN AND THE NEXT GENERATION

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Proverbs 22:6 (NLT)

Direct your children onto the right path, and when they are older, they will not leave it.

REFLECT

Today we center our attention on children and the next generation. The directive, “Raise Them Up,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for the children, teenagers, and young adults in the congregation and the surrounding community. Ask God to guard this generation from cultural pressures, digital dangers, and spiritual attacks that specifically target the young. Declare that they will know God early and walk with Him for life. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

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DAY 11 | Raise Them Up

PRAY

- Pray for the children, teenagers, and young adults in the congregation and the surrounding community.
- Ask God to guard this generation from cultural pressures, digital dangers, and spiritual attacks that specifically target the young.
- Declare that they will know God early and walk with Him for life.
- Invite God to show you how to respond personally to today's focus: children and the next generation.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Write the names of children, teenagers, or young adults you will cover in prayer throughout this season.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 12 | AUGUST 13 (THURSDAY)

Our Jerusalem

THE LOCAL COMMUNITY

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Jeremiah 29:7 (NLT)

And work for the peace and prosperity of the city where I sent you into exile. Pray to the LORD for it, for its welfare will determine your welfare.

REFLECT

Today we center our attention on the local community. The directive, “Our Jerusalem,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for the city of Aurora and the surrounding communities. Ask God to bring peace, reduce violence, address injustice, and establish Purpose City Church as a transforming presence in its neighborhood. Intercede for local schools, hospitals, first responders, and community institutions. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 12 | Our Jerusalem

PRAY

- Pray for the city of Aurora and the surrounding communities.
- Ask God to bring peace, reduce violence, address injustice, and establish Purpose City Church as a transforming presence in its neighborhood.
- Intercede for local schools, hospitals, first responders, and community institutions.
- Invite God to show you how to respond personally to today's focus: the local community.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Choose one local school, neighborhood, hospital, first-responder group, or civic institution and pray for it specifically.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 13 | AUGUST 14 (FRIDAY)

Give Me Understanding

WISDOM AND DISCERNMENT

7:00-8:00 PM | One-Hour Evening Prayer Service

READ

James 1:5 (NLT)

If you need wisdom, ask our generous God, and he will give it to you.

REFLECT

Today we center our attention on wisdom and discernment. The directive, “Give Me Understanding,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for wisdom at crossroads in career, calling, relationships, and ministry. Ask God to help you recognize the right door, reject the wrong one, and walk faithfully through what He places before you. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 13 | Give Me Understanding

PRAY

- Pray for wisdom at crossroads in career, calling, relationships, and ministry.
- Ask God to help you recognize the right door, reject the wrong one, and walk faithfully through what He places before you.
- Ask God to work in every person and situation connected to wisdom and discernment.
- Invite God to show you how to respond personally to today's focus: wisdom and discernment.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Write down one decision you are facing. List what you know, what you do not know, and what wisdom you are asking God to provide.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 14 | AUGUST 15 (SATURDAY)

To the Ends of the Earth

MISSIONS AND THE GREAT COMMISSION

9:00-10:00 AM | One-Hour Morning Prayer Service

READ

Acts 1:8 (NLT)

But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere — in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth.

REFLECT

Today we center our attention on missions and the great commission. The directive, “To the Ends of the Earth,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for missionaries, evangelists, and church planters around the world. Ask God to open doors for the Gospel in closed nations and to raise up laborers from within Purpose City Church who will carry the message of Jesus far beyond our walls. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 14 | To the Ends of the Earth

PRAY

- Pray for missionaries, evangelists, and church planters around the world.
- Ask God to open doors for the Gospel in closed nations and to raise up laborers from within Purpose City Church who will carry the message of Jesus far beyond our walls.
- Ask God to work in every person and situation connected to missions and the great commission.
- Invite God to show you how to respond personally to today's focus: missions and the great commission.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Learn the name of one missionary, church planter, or global ministry and commit to pray for that work this week.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

21 DAYS OF PRAYER + FASTING

WEEK THREE

DAYS 15-21

DAY 15 | AUGUST 16 (SUNDAY)

Open Doors, No Man Can Shut

DIVINE OPPORTUNITIES AND OPEN DOORS

Prayer incorporated into Sunday service

READ

Revelation 3:8 (NLT)

I know all the things you do, and I have opened a door for you that no one can close. You have little strength, yet you obeyed my word and did not deny my name.

REFLECT

Today we center our attention on divine opportunities and open doors. The directive, “Open Doors, No Man Can Shut,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for divine open doors for members of the congregation in business, ministry, education, career, and calling. Ask God to close every wrong door and swing wide every right one. Intercede for the entrepreneurial, creative, and ministry endeavors already stirring in the Purpose City family. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 15 | Open Doors, No Man Can Shut

PRAY

- Pray for divine open doors for members of the congregation in business, ministry, education, career, and calling.
- Ask God to close every wrong door and swing wide every right one.
- Intercede for the entrepreneurial, creative, and ministry endeavors already stirring in the Purpose City family.
- Invite God to show you how to respond personally to today's focus: divine opportunities and open doors.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

List the doors currently before you. Ask God to close what is wrong, confirm what is right, and give you patience with what is not yet clear.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 16 | AUGUST 17 (MONDAY)

Governing Authority

GOVERNMENT AND CIVIC LEADERS

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

1 Timothy 2:1-2 (NLT)

I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity.

REFLECT

Today we center our attention on government and civic leaders. The directive, “Governing Authority,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for government leaders at the local, state, and national level. Ask God for wisdom, integrity, and justice to be evidenced in leadership. Intercede for policies and decisions that honor God and protect the vulnerable. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 16 | Governing Authority

PRAY

- Pray for government leaders at the local, state, and national level.
- Ask God for wisdom, integrity, and justice to be evidenced in leadership.
- Intercede for policies and decisions that honor God and protect the vulnerable.
- Invite God to show you how to respond personally to today's focus: government and civic leaders.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Write the names of local, state, and national leaders. Pray for wisdom and integrity without making prayer dependent on party or preference.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 17 | AUGUST 18 (TUESDAY)

Healer in the House

PHYSICAL, MENTAL, AND EMOTIONAL HEALING

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Psalms 103:2-3 (NLT)

Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases.

REFLECT

Today we center our attention on physical, mental, and emotional healing. The directive, “Healer in the House,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for healing in the congregation and beyond. Name specific diseases, diagnoses, and physical conditions before God. Believe Him for miraculous intervention in bodies, medical reports, and doctors' prognoses. Extend the prayer to include mental and emotional healing as well. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 17 | Healer in the House

PRAY

- Pray for healing in the congregation and beyond.
- Name specific diseases, diagnoses, and physical conditions before God.
- Believe Him for miraculous intervention in bodies, medical reports, and doctors' prognoses.
- Invite God to show you how to respond personally to today's focus: physical, mental, and emotional healing.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Write the names of people who need physical, mental, or emotional healing. Pray for them specifically and compassionately.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 18 | AUGUST 19 (WEDNESDAY)

Open Windows

FINANCIAL PROVISION AND BREAKTHROUGH

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Malachi 3:10 (NLT)

Bring all the tithes into the storehouse so there will be enough food in my Temple. If you do, says the LORD of Heaven's Armies, I will open the windows of heaven for you. I will pour out a blessing so great you won't have enough room to take it in!

REFLECT

Today we center our attention on financial provision and breakthrough. The directive, "Open Windows," is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for financial breakthrough, debt freedom, Kingdom generosity, and supernatural provision. Intercede for members of the congregation who are in financial crisis, and declare the promises of God over their households. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 18 | Open Windows

PRAY

- Pray for financial breakthrough, debt freedom, Kingdom generosity, and supernatural provision.
- Intercede for members of the congregation who are in financial crisis, and declare the promises of God over their households.
- Ask God to work in every person and situation connected to financial provision and breakthrough.
- Invite God to show you how to respond personally to today's focus: financial provision and breakthrough.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Review one practical area of your finances. Choose a wise step involving generosity, budgeting, debt, saving, or seeking counsel.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 19 | AUGUST 20 (THURSDAY)

Bold as Lions

COURAGE AND BOLDNESS IN FAITH

6:00-7:00 AM | One-Hour Morning Prayer Service

READ

Proverbs 28:1 (NLT)

The wicked run away when no one is chasing them, but the godly are as bold as lions.

REFLECT

Today we center our attention on courage and boldness in faith. The directive, “Bold as Lions,” is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for courageous faith to rise in the congregation. Ask God to deliver His people from the fear of man, the fear of failure, and the fear of the unknown. Intercede for those who are holding back from stepping into their calling, speaking their faith, or taking a leap of obedience because fear has had the final word. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 19 | Bold as Lions

PRAY

- Pray for courageous faith to rise in the congregation.
- Ask God to deliver His people from the fear of man, the fear of failure, and the fear of the unknown.
- Intercede for those who are holding back from stepping into their calling, speaking their faith, or taking a leap of obedience because fear has had the final word.
- Invite God to show you how to respond personally to today's focus: courage and boldness in faith.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Name one act of obedience fear has delayed. Decide on the smallest faithful step you can take next.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 20 | AUGUST 21 (FRIDAY)

Who Do You Say I Am?

IDENTITY IN CHRIST

7:00-8:00 PM | One-Hour Evening Prayer Service

READ

Ephesians 2:10 (NLT)

For we are God's masterpiece. He has created us anew in Christ Jesus.

REFLECT

Today we center our attention on identity in Christ. The directive, "Who Do You Say I Am?," is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Receive the truth of who God says you are. Break agreement with shame, inadequacy, comparison, and impostor syndrome. Pray for confidence rooted in Christ and courage to walk in the good work God prepared for you. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 20 | Who Do You Say I Am?

PRAY

- Receive the truth of who God says you are.
- Break agreement with shame, inadequacy, comparison, and impostor syndrome.
- Pray for confidence rooted in Christ and courage to walk in the good work God prepared for you.
- Invite God to show you how to respond personally to today's focus: identity in Christ.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Write three truths Scripture says about who you are in Christ. Read them aloud whenever shame or comparison speaks.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

DAY 21 | AUGUST 22 (SATURDAY)

Send Me

PERSONAL SURRENDER AND COMMISSION

9:00-10:00 AM | One-Hour Morning Prayer Service

READ

Isaiah 6:8 (NLT)

Then I heard the Lord asking, 'Whom should I send as a messenger to this people? Who will go for us?' I said, 'Here I am. Send me.'

REFLECT

Today we center our attention on personal surrender and commission. The directive, "Send Me," is more than a theme for a gathering; it is an invitation to let God shape our desires, decisions, and response. Read the assigned Scripture slowly. Notice what it reveals about God, what it exposes in us, and what kind of prayer it calls us to offer.

Pray for personal surrender and full consecration. Ask God to search every heart and reveal any area of reservation, compromise, or self-sufficiency. Lay down your own agenda and say yes to whatever God is asking of you in this next season. End these 21 days by offering God a fresh yes of surrender. Do not hurry past the personal part of this focus. Ask where this prayer touches your own life before you carry it on behalf of others. Fasting helps us recognize the appetites, habits, and distractions that often speak louder than our dependence on God. As you deny yourself, replace what you remove with Scripture, worship, honest prayer, and attentive listening.

Bring specific people and situations before the Lord. Pray with faith, but also remain open to the way God may want to change you. The goal is not to complete a religious task or impress anyone with the difficulty of your fast. The goal is nearness, obedience, and a life increasingly aligned with Jesus. Record anything that stands out, including a name, conviction, promise, question, or next step. What God begins in prayer is meant to continue in the way we live.

DAY 21 | Send Me

PRAY

- Pray for personal surrender and full consecration.
- Ask God to search every heart and reveal any area of reservation, compromise, or self-sufficiency.
- Lay down your own agenda and say yes to whatever God is asking of you in this next season.
- Invite God to show you how to respond personally to today's focus: personal surrender and commission.

PRAY BY NAME

Write the names of specific people, families, leaders, communities, or situations connected to today's focus. Pray specifically rather than generally.

ACT

Complete this sentence in writing: "God, my yes to You includes..." Then obey the clearest next step He has placed before you.

JOURNAL

What is God showing me? What name, promise, conviction, or next step do I need to remember?

FINAL REFLECTION

Do not rush past what God has done. Review your notes and answer these questions honestly.

WHAT DID GOD REVEAL ABOUT HIMSELF DURING THESE 21 DAYS?

WHAT DID GOD REVEAL ABOUT ME?

WHICH PRAYERS WERE ANSWERED, REDIRECTED, OR STILL REQUIRE PATIENT FAITH?

WHERE DID I EXPERIENCE GREATER FREEDOM, HEALING, WISDOM, OR COURAGE?

WHICH SCRIPTURE OR PRAYER FOCUS WILL I CONTINUE CARRYING?

CARRY IT FORWARD

A 21-day season can begin a rhythm, but it cannot sustain your relationship with God by itself. Decide what practices will continue after August 22.

THE PRAYER RHYTHM I WILL CONTINUE IS...

THE FASTING OR SELF-DENIAL PRACTICE I MAY REVISIT IS...

THE PEOPLE AND SITUATIONS I WILL KEEP COVERING IN PRAYER ARE...

THE ACT OF OBEDIENCE GOD IS ASKING OF ME NOW IS...

THE SUPPORT, COMMUNITY, OR ACCOUNTABILITY I NEED IS...

KEEP SEEKING

The goal was never simply to finish 21 days. Keep drawing near, listening, obeying, and becoming more like Jesus.

PRAYER GATHERING SCHEDULE

SUNDAY

Prayer incorporated into Sunday service

MONDAY - THURSDAY

6:00-7:00 AM

FRIDAY

7:00-8:00 PM

SATURDAY

9:00-10:00 AM

IN-PERSON GATHERINGS ONLY

Purpose City Church

2850 Ginger Woods Pkwy, Aurora, IL 60502

**PURPOSE
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